

I CLAIM

1. A sock, especially for use in athletic activities, having padding in some areas, characterized in that the arrangement of pads (2) in the sock (1) is coordinated with the arrangement of pads (4) in the shoe (3).

2. A sock according to Claim 1, characterized in that the pads (2) in the area of the instep are formed by absorption pads (21, 22) between which a web (23) is provided.

3. A sock according to Claim 2, characterized in that the absorption pads (21, 22) protrude beyond the web (23).

4. A sock according to Claim 1, characterized in that the pads (2) in the area of the heel are formed by spacer pads (26, 27) with a web (28) being provided between them.

5. A sock according to Claim 4, characterized in that the spacer pads (26, 27) protrude beyond the web (28).

6. A sock according to Claim 4, characterized in that the web (23, 28) is made of a climate regulating woven fabric.

7. A sock according to Claim 5, characterized in that the web (23, 28) is made of a climate regulating woven fabric.

8. A sock according to Claim 1, characterized in that the pads (2) are made of hollow chamber fibers covered with spun wool or cotton.
9. A sock according to Claim 3, characterized in that the pads (2) are made of hollow chamber fibers covered with spun wool or cotton.
10. A sock according to Claim 5, characterized in that the pads (2) are made of hollow chamber fibers covered with spun wool or cotton.
11. A sock according to Claim 1, characterized in that the pads (2) are designed as a ring-shaped pad (24) enclosing a surface (25) in the area of the ankle.
12. A sock according to Claim 1, characterized in that the sock is furnished with an X-Cross bandage.
13. A sock according to of Claim 1, characterized in that the sock has an air channel (15).
14. A sock according to Claim 2, characterized in that the absorption pads (21, 22) protrude beyond the web (23).
15. A sock according to Claim 4, characterized in that the spacer pads (26, 27) protrude beyond the web (28).